



NEPS in association with Hindu Temple invites you to a talk in English



## JAYA ROW

How to beat stress with Bhagavad Gita



Thursday, 12 June Talk 6.30 to 8 pm Followed by Arati & Preetibhojan Hindu Temple & Community Centre of Nottingham 215 Carlton Road Nottingham NG3 2FX

## ALL ARE WELCOME

Scan QR code to buy your free ticket

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