

## **OVERCOMING LIFE'S CHALLENGES**



The world is like the ocean & challenges crash down on us like waves. Come, be a skilled surfer & enjoy every moment!

JAYA ROW

Emerson Park Social Hall | Saturday, 21 June Slewins Lane Hornchurch Essex RM11 2BU

5 to 6 pm Followed by Q&A & a light meal

FREE TALK IN ENGLISH ALL ARE WELCOME

RSVP by 14 June at: tiny.cc/21jun

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